

NAC Indoor Meet 1 - 12/21/2022

SLU

Results - NAC Meet 1

Event 1 Girls 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Canton	A		11:01.95	10
1) #13 McCarthy, Rori 12	2) #15 McDonough, Grace 12	3) #23 Schmitt, Bennett 9	4) #28 Tupper, Johanna 10	
5) #22 Salvimiguel, Marilisa 10	6) #30 Zysik, Annika 10	7) #5 Casserly, Aurora 8	8) #6 Foster, Violet 10	
2 Gouverneur Central School	A	12:00.00	11:31.19	8
1) #88 Griffith, Rikki 12	2) #91 Shippee, Lillianna 10	3) #92 Siebels, Lilah 8	4) #87 Griffith, Randi 12	
3 Potsdam	A	12:00.00	12:06.52	6
1) #219 Clark, Meridyth SO	2) #228 Kelson, Ali FR	3) #236 Williams, Sadie JR	4) #225 Ewy, Emily FR	
5) #218 Cetinkaya, Elif SO				
4 Franklin Academy	A	12:00.00	12:37.31	5
1) #56 Lawrence, Tye 10	2) #50 Bennett, Rabeca 11	3) #60 Perham, Emily 11	4) #64 Winters, Katrina 10	
5) #62 Rivera, Kylie 11	6) #55 Hammill, Jillian 11			
--- Norwood-Norfolk Central School	A		DNF	
1) #158 Carista, Madison 9	2) #166 Hewey, Rachel 11	3) #174 Snell, Allie 9	4) #160 Colbert, Sharon 12	
5) #156 Ashley, Madison 10				
--- Canton	B		X11:48.13	
1) #5 Casserly, Aurora 8	2) #6 Foster, Violet 10	3) #30 Zysik, Annika 10	4) #22 Salvimiguel, Marilisa 10	
5) #16 McKinley, Cecelia 10	6) #4 Campoy Egea, Paula			

Event 2 Boys 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Franklin Academy	A		9:28.41	10
34.31 (34.31)	9:28.41 (8:54.10)			
2 Canton	A		9:28.70	8
1) #31 Armendariz-Haun, Daniel 12	#39 Rodriguez-Doyle, Aiden 10	3) #41 Watts, Lucas 10	4) #43 Worthley, Kaden 10	
5) #38 Richardson, James 9	6) #44 Worthley, Kolten 10			
32.94 (32.94)	1:07.63 (34.69)	9:28.70 (8:21.07)		
3 Salmon River	A	9:52.88	9:36.91	6
1) #269 ., Tehoronhiathe 12	2) #279 Sharrow, Tehonietathe 12	3) #271 Cole, Kyren 12	4) #274 Lazore, Cayde 12	
33.22 (33.22)	33.23 (0.01)	1:09.15 (35.93)	1:48.21 (39.06)	
2:27.67 (39.47)	3:02.02 (34.36)	3:37.59 (35.57)	4:15.83 (38.24)	
4:56.69 (40.87)	5:28.66 (31.97)	6:05.36 (36.71)	6:45.23 (39.87)	
7:24.09 (38.86)	7:54.21 (30.13)	8:27.77 (33.56)	9:36.91 (1:09.14)	
4 Massena	A	10:38.00	10:11.18	5
1) #148 Eggleston, Logan 12	2) #147 Dostie, Jayden 12	3) #142 Becht, Chase 12	4) #146 David, Andrew 9	
5) #145 Bush, Kaden 11				
34.92 (34.92)	10:11.18 (9:36.27)			
5 Indian River	A	9:55.00	10:13.84	4
1) #128 Ramos, Hector 12	2) #123 Gauthier, Ryan 9	3) #132 Yang, Sam 12	4) #131 Waldrun, Donald 12	
30.12 (30.12)	1:03.20 (33.08)	()	()	
10:13.84 ()				
6 Potsdam	A	9:52.89	10:23.81	3
1) #260 Yang, Nick 12	2) #257 Vink, Bailey 9	3) #252 Myers, Liam 9	4) #250 Morey, Xaiden 9	
5) #243 Grainger, Nick 10				
35.79 (35.79)	10:23.81 (9:48.02)			
7 Ogdensburg Free Academy	A	10:30.00	10:41.68	2
1) #203 Brenno, Brody 09	2) #208 Peabody, Crofton 10	3) #209 Peabody, Gabe 10	4) #211 Skelly, Jaxton 9	
37.46 (37.46)	10:41.68 (10:04.22)			

Event 3 Girls 60 Meter Dash

Name	Yr School	Seed	Finals	H#	Points
Finals					
1 #266 Manson, Makenna	11 Salmon River	8.50	8.43	6	10

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Finals ... (Event 3 Girls 60 Meter Dash)

	Name	Yr	School	Seed	Finals	H#	Points
2	#84 Bowman, Abigail	11	Gouverneur Central School	8.50	8.58	6	8
3	#224 El Labban, Sarah	FR	Potsdam	8.63	8.81	6	6
4	#86 Greenhill, Meadow	11	Gouverneur Central School	8.60	8.86	6	5
5	#61 Powers, Joanne	12	Franklin Academy	8.92	8.89	6	4
6	#162 Cupps, Meadow	11	Norwood-Norfolk Central School	9.13	8.90	5	3
7	#106 Cavaliere, Kayla	10	Indian River	9.20	9.05	5	2
8	#93 Smith, Emily	10	Gouverneur Central School	9.44	9.07	4	1
9	#193 McRoberts, Brianna	12	Ogdensburg Free Academy	9.00	9.13	5	
10	#114 Thorpe, Jaida	9	Indian River	9.40	9.20	4	
11	#194 Mix, Kadence	12	Ogdensburg Free Academy	9.40	9.23	4	
12	#188 Curtis, Autumn	10	Ogdensburg Free Academy	9.10	9.25	5	
13	#46 Ashlaw, Natalie	11	Franklin Academy	9.10	9.31	5	
14	#229 LaBarge, Tayler	SO	Potsdam	9.10	9.50	5	
15	#159 Charles, Sydney	10	Norwood-Norfolk Central School	10.00	9.58	3	
15	#235 Steinrotter, Emmie	FR	Potsdam	9.00	9.58	6	
17	#8 Hibbard, Lilly	10	Canton	9.50	9.60	4	
18	#223 Duffy, Daly	SO	Potsdam	9.00	9.67	6	
18	#288 Tarbox, Lacey	8	Tupper Lake	9.00	9.67	6	
20	#112 Ringuette, Hailey	11	Indian River	9.68	9.72	4	
21	#171 O'Brien, Madison	11	Norwood-Norfolk Central School	10.11	9.76	3	
22	#231 Moore, Kenadi	JR	Potsdam	9.10	9.85	5	
23	#282 Flagg, Caydence	10	Tupper Lake	9.40	10.05	5	
24	#163 Donahue, Caitlin	8	Norwood-Norfolk Central School	10.52	10.17	2	
25	#170 Miller-Lynch, Tessa	7	Norwood-Norfolk Central School	9.98	10.35	3	
26	#59 Monette, MaKenna	12	Franklin Academy	11.00	10.80	2	
27	#217 Cardinal, Mackenzie	SO	Potsdam	10.20	10.84	2	
28	#237 Williamson, Hailey	JR	Potsdam	11.00	10.91	2	
29	#135 LaBarge, Adele	10	Massena	9.54	10.96	4	
30	#280 Becker, Mary	10	Tupper Lake	10.00	11.00	3	
31	#220 Clark, Olivia	JR	Potsdam	11.00	11.27	2	
32	#157 Burns, Kerisa	11	Norwood-Norfolk Central School	11.00	12.68	1	
33	#176 Wagstaff, Margaret	11	Norwood-Norfolk Central School		12.89	1	
34	#51 Bess, Mykenna	9	Franklin Academy	11.00	13.54	1	
35	#287 Strack, Kathryn	11	Tupper Lake	12.00	14.61	1	
---	#110 Nustad, Ashlynn	10	Indian River	9.78	X9.57	4	
---	#108 Gorski, Mackenzie	10	Indian River	9.80	X9.60	4	
---	#186 Cross, Mia	11	Ogdensburg Free Academy	10.00	X9.89	3	
---	#116 Wells, Na'Keya	11	Indian River	9.90	X10.09	3	
---	#83 Blaine, Llydia	11	Gouverneur Central School	10.40	X10.15	2	
---	#89 Morrow, Haley	11	Gouverneur Central School	10.80	X10.32	2	
---	#117 Yang, Zoe	11	Indian River	9.90	X10.40	3	
---	#197 Pratt, Jenna	11	Ogdensburg Free Academy	10.20	X11.46	2	
---	#177 Waite, Jaden	11	Norwood-Norfolk Central School	10.00	X12.00	3	

Event 4 Boys 60 Meter Dash

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	#118 Adams, Caleb	12	Indian River	7.40	7.31	6	10
2	#45 Young, Caleb	12	Canton	8.00	7.55	5	8
3	#152 Monroe, Wyatt	12	Massena	7.75	7.56	6	6

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Finals ... (Event 4 Boys 60 Meter Dash)

Name	Yr	School	Seed	Finals	H#	Points
4 #143 Binion, Aaron	12	Massena	7.55	7.58	6	5
5 #72 Debose, Ayden		Franklin Academy		7.97	1	3.50
5 #183 Milller-Lynch, Liam	10	Norwood-Norfolk Central School	7.80	7.97	6	3.50
7 #65 Ashlaw, Mitchell		Franklin Academy		8.01	2	2
8 #214 Sutherland, Ryan	11	Ogdensburg Free Academy	7.90	8.16	6	1
9 #181 Gardner, Corbin		Norwood-Norfolk Central School	7.75	8.17	6	
10 #151 Fregoe, Connor	12	Massena	8.30	8.23	4	
11 #82 Smythe, Landon		Franklin Academy		8.40	2	
12 #300 Whitman, Owen	12	Tupper Lake	8.90	8.46	4	
13 #127 McCranie, David	10	Indian River	8.00	8.57	5	
14 #298 Robillard, Luke	10	Tupper Lake	8.00	8.60	5	
15 #94 Bice, Kelvin III	9	Gouverneur Central School	8.45	8.65	4	
16 #184 Waite, Mason	9	Norwood-Norfolk Central School	8.32	8.73	4	
16 #245 Jones, William	9	Potsdam	8.00	8.73	5	
18 #259 Wellings, Andrew	12	Potsdam	7.90	8.77	5	
19 #292 Farnsworth, Jayden	12	Tupper Lake	8.20	8.82	5	
20 #255 Simmons, Jackson	12	Potsdam	8.10	8.97	5	
21 #202 Beaulieu, Patrick	9	Ogdensburg Free Academy	8.00	9.05	5	
22 #251 Munoz, Jehavani	9	Potsdam	7.70	9.09	6	
23 #34 Cartright, Tegan	P	Canton		9.42	2	
24 #213 Stowell, Chase	11	Ogdensburg Free Academy	8.20	9.51	4	
25 #239 Brothers, Ryan	9	Potsdam	8.90	9.55	4	
26 #40 Simons, Christian	12	Canton	8.50	9.67	4	
27 #95 Crews, Hunter	12	Gouverneur Central School	10.50	9.82	3	
28 #248 Malit, Jimmy		Potsdam	9.60	10.13	3	
--- #149 Favreau, Shane	11	Massena		X8.17	2	
--- #178 Boprey, Dominic	11	Norwood-Norfolk Central School	8.78	X8.53	4	
--- #296 Levey, CJ	10	Tupper Lake		X8.86	3	
--- #254 Savage, Kurtis	10	Potsdam		X9.54	1	
--- #289 Baker, Mike	11	Tupper Lake	9.40	X9.60	3	
--- #182 Garrow, Jaren	9	Norwood-Norfolk Central School	9.98	X10.29	3	
--- #130 Sayre, Emeory	11	Indian River		X11.02	2	
--- #241 Emlaw, Austin	9	Potsdam	13.00	X14.39	3	

Event 5 Girls 60 Meter Hurdles

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 #281 Ellis, Olivia	12	Tupper Lake	9.10	10.78	2	10
2 #1 Armstrong, Maddie	12	Canton	11.30	11.24	2	8
3 #232 Rutledge, Jaedyn	SR	Potsdam	11.40	11.36	2	6
4 #7 Grandy, Phebe	8	Canton	12.00	11.48	2	5
5 #133 Farmer, Makayla	11	Massena	12.94	11.68	1	4
6 #104 Adams, Mackenzie	11	Indian River	11.50	11.81	2	2.50
6 #195 Murray, Emma	12	Ogdensburg Free Academy	11.60	11.81	2	2.50
8 #54 Funk, Darci	8	Franklin Academy	13.50	11.83	1	1
9 #165 Gates, Brielle	9	Norwood-Norfolk Central School	12.89	12.01	1	
10 #233 Seitzer, Abi	SO	Potsdam	12.90	12.07	1	
10 #3 Brandy, Madison	12	Canton	11.50	12.07	2	
12 #169 Masuk, Autumn	8	Norwood-Norfolk Central School	12.31	12.13	1	
13 #221 Davidson, Lizzie	JR	Potsdam	12.95	12.28	1	

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Finals ... (Event 5 Girls 60 Meter Hurdles)

Name	Yr	School	Seed	Finals	H#	Points
14 #52 Branconnier, Morgan	10	Franklin Academy	12.79	12.90	1	

Event 6 Boys 60 Meter Hurdles

Name	Yr	School	Seed	Finals	Points
Finals					
1 #141 Ashley, Jordan	10	Massena	11.20	11.63	10
2 #250 Morey, Xaiden	9	Potsdam	9.10	11.65	8
3 #206 Havens, Jace	9	Ogdensburg Free Academy	12.00	11.85	6
4 #154 Wilhelm, Zander	10	Massena	10.70	12.02	5
5 #242 Gilbert, Jack	10	Potsdam	10.66	12.89	4

Event 7 Girls 1500 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 #88 Griffith, Rikki	12	Gouverneur Central School	5:25.00	5:40.20	10
2 #5 Casserly, Aurora	8	Canton	6:00.00	5:48.82	8
3 #22 Salvimiguel, Marilisa	10	Canton	5:50.00	6:13.28	6
4 #236 Williams, Sadie	JR	Potsdam	6:15.00	6:25.74	5
5 #6 Foster, Violet	10	Canton	6:00.00	6:28.56	4
6 #191 Honeywell, Kendall	8	Ogdensburg Free Academy	6:24.00	6:34.56	3
7 #16 McKinley, Cecelia	10	Canton	6:10.00	6:37.24	2
8 #218 Cetinkaya, Elif	SO	Potsdam	8:00.00	7:15.40	1

Event 8 Girls 4x200 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Gouverneur Central School	A	1:59.00	1:58.58	3	10
1) #84 Bowman, Abigail 11	2) #86 Greenhill, Meadow 11	3) #90 Sheen, Jacey 11	4) #93 Smith, Emily 10		
5) #91 Shippee, Lillianna 10	6) #83 Blaine, Llydia 11				
2 Canton	A	2:00.00	2:00.97	3	8
1) #1 Armstrong, Maddie 12	2) #3 Brandy, Madison 12	3) #20 Robert, Elaina 10	4) #25 Seegar, Julia 10		
5) #10 Lawton, Lynzie 12	6) #8 Hibbard, Lilly 10				
3 Potsdam	A	2:05.00	2:05.16	3	6
1) #224 El Labban, Sarah FR	2) #223 Duffy, Daly SO	3) #231 Moore, Kenadi JR	4) #232 Rutledge, Jaedyn SR		
5) #229 LaBarge, Tayler SO	6) #230 Lemieux, Mya JR				
4 Ogdensburg Free Academy	A	2:10.00	2:06.06	2	5
1) #194 Mix, Kadence 12	2) #193 McRoberts, Brianna 12	3) #200 Wilson, Katharine 9	4) #188 Curtis, Autumn 10		
5 Franklin Academy	A	2:01.00	2:07.30	3	4
1) #61 Powers, Joanne 12	2) #62 Rivera, Kylie 11	3) #46 Ashlaw, Natalie 11	4) #53 Chodat, Adeline 12		
5) #60 Perham, Emily 11					
6 Tupper Lake	A	2:10.00	2:10.48	2	3
1) #288 Tarbox, Lacey 8	2) #285 Nadeau, Meika 12	3) #284 Fritts, Raegan 12	4) #282 Flagg, Caydence 10		
5) #280 Becker, Mary 10					
7 Indian River	A	2:05.00	2:11.00	3	2
1) #106 Cavaliere, Kayla 10	2) #108 Gorski, Mackenzie 10	3) #110 Nustad, Ashlynn 10	4) #111 Paulyn-Solar, Mary 10		
5) #115 VanTassel, Ali 11					
8 Norwood-Norfolk Central School	A		2:14.09	2	1
1) #162 Cupps, Meadow 11	2) #175 Tebo, Kylie 12	3) #170 Miller-Lynch, Tessa 7	4) #169 Masuk, Autumn 8		
5) #161 Coller, Kesley 10					
9 Massena	A	2:17.00	2:22.51	2	
1) #134 Hendricks, Madyson 10	2) #136 Lannis, Molly 11	3) #133 Farmer, Makayla 11	4) #138 Oliver, Kristen 12		
5) #135 LaBarge, Adele 10					

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Finals ... (Event 8 Girls 4x200 Meter Relay)

Team	Relay	Seed	Finals	H#	Points
--- Canton	B		X2:07.88	1	
1) #10 Lawton, Lynzie 12	2) #8 Hibbard, Lilly 10	3) #7 Grandy, Phebe 8	4) #21 Rossiter, Natasha 9		
5) #9 Kitzman, Ella 12	6) #4 Campoy Egea, Paula				
--- Indian River	B	2:10.00	X2:16.50	3	
1) #105 Burnard, Carolina 11	2) #114 Thorpe, Jaida 9	3) #109 Mullen, Gracelynn 12	4) #112 Ringuette, Hailey 11		
5) #117 Yang, Zoe 11	6) #116 Wells, Na'Keya 11				
--- Potsdam	B		X2:16.67	1	
1) #230 Lemieux, Mya JR	2) #233 Seitzer, Abi SO	3) #229 LaBarge, Tayler SO	4) #217 Cardinal, Mackenzie SO		
5) #237 Williamson, Hailey JR	6) #231 Moore, Kenadi JR				
--- Franklin Academy	B		X2:27.60	1	
1) #50 Bennett, Rabecca 11	2) #59 Monette, MaKenna 12	3) #48 Bennett, Jorja 9	4) #49 Bennett, Katharyne 12		
5) #51 Bess, Mykenna 9					
--- Norwood-Norfolk Central School	B		X2:31.99	2	
1) #164 Elliott, Madelyn 11	2) #159 Charles, Sydney 10	3) #177 Waite, Jaden 11	4) #157 Burns, Kerisa 11		
5) #168 LaBar, Brianna 11					

Event 9 Boys 4x200 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Massena	A	1:47.00	1:44.90	2	10
1) #144 Binion, Jacob 12	2) #151 Fregoe, Connor 12	3) #149 Favreau, Shane 11	4) #143 Binion, Aaron 12		
5) #153 Robillard-Ramatici, Ethan					
2 Indian River	A	1:45.00	1:46.68	2	8
1) #120 Berroa-Prensa, Azhari 11	2) #118 Adams, Caleb 12	3) #127 McCranie, David 10	4) #128 Ramos, Hector 12		
5) #121 Francois, Malachi 9	6) #129 Rivera, Kaylum 12				
3 Franklin Academy	A		1:49.11	1	6
1) #65 Ashlaw, Mitchell	2) #82 Smythe, Landon	3) #67 Benjamin, Button	4) #76 Keating, Dylan		
4 Ogdensburg Free Academy	A	1:49.00	1:51.13	2	5
1) #205 Gillette, Gary 12	2) #212 Smith, Ian 11	3) #206 Havens, Jace 9	4) #214 Sutherland, Ryan 11		
5) #204 Ericksen, Kresten 09					
5 Tupper Lake	A	1:55.00	1:52.19	2	4
1) #292 Farnsworth, Jayden 12	2) #300 Whitman, Owen 12	3) #298 Robillard, Luke 10	4) #294 Gerstenberger, Cohen 9		
5) #297 Logie, Sawyer 12					
6 Potsdam	A	2:08.73	2:01.27	1	3
1) #251 Munoz, Jehavani 9	2) #245 Jones, William 9	3) #244 Haggett, Max 10	4) #255 Simmons, Jackson 12		
5) #254 Savage, Kurtis 10					
--- Franklin Academy	B		X2:14.62	1	
1) #81 Shea, Jeb	2) #70 Carr, David	3) #80 Rogers, Witt	4) #69 Brooks, Zebulon		

Event 10 Boys 1600 Meter Run

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 #31 Armendariz-Haun, Daniel	10	Canton	5:00.00	5:07.94	2	10
2 #125 Johnston, Elijah	12	Indian River	5:00.00	5:09.36	2	8
3 #39 Rodriguez-Doyle, Aiden	10	Canton	5:05.00	5:10.38	2	6
4 #128 Ramos, Hector	12	Indian River	5:00.00	5:30.89	2	5
5 #260 Yang, Nick	12	Potsdam	5:30.00	5:32.77	2	4
6 #145 Bush, Kaden	11	Massena	5:50.00	5:40.81	1	3
7 #257 Vink, Bailey	9	Potsdam	5:45.00	5:54.64	1	2
8 #147 Dostie, Jayden	12	Massena	5:45.00	6:00.64	2	1
9 #103 Wells, Kaden	9	Gouverneur Central School	5:35.00	6:00.79	2	
10 #148 Eggleston, Logan	12	Massena	5:45.00	6:07.47	2	
11 #44 Worthley, Kolten	10	Canton	6:30.00	6:19.18	1	

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Finals ... (Event 10 Boys 1600 Meter Run)

Name	Yr	School	Seed	Finals	H#	Points
12 #132 Yang, Sam	12	Indian River		6:20.83	1	
13 #302 Bigtree, Jace		Salmon River		6:34.71	1	
14 #203 Brenno, Brody	09	Ogdensburg Free Academy	5:30.00	6:47.29	2	
--- #74 Guerin, Donovan		Franklin Academy		X5:40.20	1	
--- #66 Benardot, Maxwell		Franklin Academy		X5:59.69	1	
--- #79 Perry, Reece		Franklin Academy		X6:00.13	1	
--- #78 Menke, Ryan		Franklin Academy		X6:01.90	1	

Event 11 Girls 600 Meter Run

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 #226 Grainger, Ali	JR	Potsdam	1:55.00	1:53.06	2	10
2 #268 Oakes, Krissy	12	Salmon River	1:50.00	1:54.02	2	8
3 #87 Griffith, Randi	12	Gouverneur Central School	1:58.00	1:54.33	2	6
4 #15 McDonough, Grace	12	Canton	1:58.00	1:59.97	2	5
5 #235 Steinrotter, Emmie	FR	Potsdam	2:05.00	2:00.19	2	4
6 #133 Farmer, Makayla	11	Massena	2:01.00	2:01.70	2	3
7 #92 Siebels, Lilah	8	Gouverneur Central School	2:10.00	2:01.88	1	2
8 #64 Winters, Katrina	10	Franklin Academy	2:00.91	2:02.74	2	1
9 #263 Bobbie, Olivia	12	Salmon River	2:20.00	2:04.48	1	
10 #284 Fritts, Raegan	12	Tupper Lake	2:15.00	2:05.66	1	
11 #195 Murray, Emma	12	Ogdensburg Free Academy	2:00.00	2:08.31	2	
12 #156 Ashley, Madison	10	Norwood-Norfolk Central School	1:58.71	2:08.91	2	
13 #163 Donahue, Caitlin	8	Norwood-Norfolk Central School	2:03.45	2:12.44	2	
14 #10 Lawton, Lynzie	12	Canton	2:10.00	2:13.70	1	
15 #134 Hendricks, Madyson	10	Massena	2:10.00	2:15.64	1	
16 #50 Bennett, Rabecca	11	Franklin Academy	2:11.00	2:16.32	1	
17 #17 Newman, Wyatt	12	Canton		2:21.20	1	
18 #136 Lannis, Molly	11	Massena	2:31.00	2:23.32	1	
19 #48 Bennett, Jorja	9	Franklin Academy	2:20.00	2:24.60	1	
20 #185 Bouchey, Ellah	8	Ogdensburg Free Academy	2:05.00	2:30.41	2	
21 #265 George, Grayci	9	Salmon River		2:35.20	1	

Event 12 Boys 600 Meter Run

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 #274 Lazore, Cayde	12	Salmon River	1:35.00	1:32.61	2	10
2 #71 Chodat, Watson		Franklin Academy	1:34.00	1:33.43	2	8
3 #125 Johnston, Elijah	12	Indian River	1:45.00	1:37.82	2	6
4 #76 Keating, Dylan		Franklin Academy		1:38.04	1	5
5 #181 Gardner, Corbin		Norwood-Norfolk Central School	1:58.82	1:41.27	2	4
6 #141 Ashley, Jordan	10	Massena	1:48.00	1:41.94	2	3
7 #212 Smith, Ian	11	Ogdensburg Free Academy	1:36.00	1:42.37	2	2
8 #154 Wilhelm, Zander	10	Massena	1:50.00	1:42.68	2	1
9 #271 Cole, Kyren	12	Salmon River	1:50.00	1:46.58	2	
10 #272 Francis, Jeremy	10	Salmon River	1:59.00	1:48.78	1	
11 #142 Becht, Chase	12	Massena	1:57.00	1:50.83	2	
12 #119 Adams, Josiah	9	Indian River		1:57.11	1	
13 #242 Gilbert, Jack	10	Potsdam	2:10.00	1:58.01	1	
14 #215 Thornhill, Jackson	8	Ogdensburg Free Academy	1:49.00	2:01.89	2	

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Finals ... (Event 12 Boys 600 Meter Run)

Name	Yr	School	Seed	Finals	H#	Points
15 #256 Teich, Charlie	9	Potsdam	2:03.00	2:02.10	1	
16 #290 Barkley, Nathan	10	Tupper Lake	2:10.00	2:02.11	1	
17 #44 Worthley, Kolten	10	Canton	1:55.00	2:02.48	2	
18 #297 Logie, Sawyer	12	Tupper Lake	2:05.00	2:08.56	1	
--- #279 Sharrow, Tehonietathe	12	Salmon River	1:50.00	X1:46.61	2	
--- #278 Oakes, Ryan	12	Salmon River	2:00.00	X2:05.30	1	
--- #254 Savage, Kurtis	10	Potsdam		X2:07.66	1	

Event 13 Girls 3000 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 #23 Schmitt, Bennett	9	Canton	11:45.00	12:07.30	10
2 #267 Oakes, Jasmine	11	Salmon River	12:00.00	12:27.28	8
3 #165 Gates, Brielle	9	Norwood-Norfolk Central School	13:26.27	12:31.97	6
4 #219 Clark, Meridyth	SO	Potsdam	13:45.00	13:50.33	5
5 #228 Kelson, Ali	FR	Potsdam	14:30.00	14:11.20	4
6 #236 Williams, Sadie	JR	Potsdam	13:30.00	14:22.86	3
7 #218 Cetinkaya, Elif	SO	Potsdam	18:00.00	16:36.26	2

Event 14 Girls 300 Meter Dash

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 #266 Manson, Makenna	11	Salmon River	46.80	45.24	6	10
2 #216 Betrus, Lindy	JR	Potsdam	47.80	45.72	6	8
3 #84 Bowman, Abigail	11	Gouverneur Central School	48.60	45.87	6	6
4 #13 McCarthy, Rori	12	Canton	48.50	47.58	6	5
5 #281 Ellis, Olivia	12	Tupper Lake	46.50	48.19	6	4
6 #232 Rutledge, Jaedyn	SR	Potsdam	50.10	48.73	5	3
7 #30 Zysik, Annika	10	Canton	49.00	48.87	5	2
8 #86 Greenhill, Meadow	11	Gouverneur Central School	49.70	48.94	5	1
9 #224 El Labban, Sarah	FR	Potsdam	48.60	49.22	6	
10 #61 Powers, Joanne	12	Franklin Academy	50.00	49.46	5	
11 #25 Seegar, Julia	10	Canton	49.00	49.59	5	
12 #221 Davidson, Lizzie	JR	Potsdam	52.00	50.83	4	
13 #111 Paulyn-Solar, Mary	10	Indian River	52.10	50.91	4	
14 #60 Perham, Emily	11	Franklin Academy	49.10	51.20	5	
15 #223 Duffy, Daly	SO	Potsdam	52.10	51.39	4	
16 #200 Wilson, Katharine	9	Ogdensburg Free Academy	54.00	51.70	3	
17 #112 Ringuette, Hailey	11	Indian River	52.34	52.27	3	
18 #162 Cupps, Meadow	11	Norwood-Norfolk Central School	50.17	52.40	4	
19 #233 Seitzer, Abi	SO	Potsdam	54.00	54.41	3	
20 #263 Bobbie, Olivia	12	Salmon River		54.80	1	
21 #54 Funk, Darci	8	Franklin Academy	54.00	54.85	3	
22 #21 Rossiter, Natasha	9	Canton	52.00	54.88	4	
23 #62 Rivera, Kylie	11	Franklin Academy	55.00	54.96	2	
24 #4 Campoy Egea, Paula		Canton		55.02	1	
25 #108 Gorski, Mackenzie	10	Indian River	53.00	55.10	3	
26 #285 Nadeau, Meika	12	Tupper Lake	54.50	55.98	2	
27 #170 Miller-Lynch, Tessa	7	Norwood-Norfolk Central School	55.38	56.35	2	
28 #230 Lemieux, Mya	JR	Potsdam	57.50	57.63	1	

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Finals ... (Event 14 Girls 300 Meter Dash)

	Name	Yr	School	Seed	Finals	H#	Points
29	#231 Moore, Kenadi	JR	Potsdam	52.00	58.08	4	
30	#89 Morrow, Haley	11	Gouverneur Central School	55.00	59.49	2	
31	#83 Blaine, Llydia	11	Gouverneur Central School	55.00	1:00.40	2	
32	#136 Lannis, Molly	11	Massena	56.50	1:02.11	1	
33	#135 LaBarge, Adele	10	Massena	54.50	1:02.44	2	
---	#109 Mullen, Gracelynn	12	Indian River	53.00	X54.71	3	
---	#186 Cross, Mia	11	Ogdensburg Free Academy	58.00	X57.09	1	

Event 15 Boys 300 Meter Dash

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	#45 Young, Caleb	12	Canton	43.50	38.82	5	10
2	#118 Adams, Caleb	12	Indian River	38.00	39.25	6	8
3	#143 Binion, Aaron	12	Massena	41.50	39.46	6	6
4	#152 Monroe, Wyatt	12	Massena	41.75	39.49	6	5
5	#183 Milller-Lynch, Liam	10	Norwood-Norfolk Central School	40.23	40.59	6	4
6	#35 Hall, Owen	12	Canton	44.00	40.73	5	3
7	#244 Haggett, Max	10	Potsdam	47.90	42.84	4	2
8	#144 Binion, Jacob	12	Massena	43.70	43.54	5	1
9	#205 Gillette, Gary	12	Ogdensburg Free Academy	42.00	43.68	6	
10	#129 Rivera, Kaylum	12	Indian River	44.00	44.71	5	
10	#294 Gerstenberger, Cohen	9	Tupper Lake	45.00	44.71	4	
12	#99 Ritchie, Jackson	9	Gouverneur Central School	45.00	44.73	4	
13	#184 Waite, Mason	9	Norwood-Norfolk Central School	42.58	44.82	6	
14	#204 Ericksen, Kresten	09	Ogdensburg Free Academy	43.00	45.71	5	
15	#96 Fenlong, Ethan	11	Gouverneur Central School	48.00	45.76	4	
16	#122 Gauthier, Adam	9	Indian River	45.00	46.84	4	
17	#293 Fleishman, Brock	9	Tupper Lake	52.40	47.58	3	
18	#202 Beaulieu, Patrick	9	Ogdensburg Free Academy	44.00	48.46	5	
19	#251 Munoz, Jehavani	9	Potsdam	50.11	49.12	4	
20	#38 Richardson, James	9	Canton	51.00	49.20	3	
21	#243 Grainger, Nick	10	Potsdam		51.23	1	
22	#256 Teich, Charlie	9	Potsdam	52.30	51.46	3	
23	#34 Cartright, Tegan	P	Canton		51.70	2	
24	#239 Brothers, Ryan	9	Potsdam	58.70	53.14	3	
25	#42 Williams, Darvay	10	Canton		58.18	2	
26	#95 Crews, Hunter	12	Gouverneur Central School		58.23	3	
---	#121 Francois, Malachi	9	Indian River		X50.60	2	
---	#131 Waldrun, Donald	12	Indian River		X56.33	1	

Event 16 Girls 1000 Meter Run

	Name	Yr	School	Seed	Finals	Points
Finals						
1	#234 Shatraw, Izzy	SR	Potsdam	3:25.00	3:24.91	10
2	#226 Grainger, Ali	JR	Potsdam	3:30.00	3:28.09	8
3	#87 Griffith, Randi	12	Gouverneur Central School	3:37.00	3:36.04	6
4	#47 Benardot, Cora	11	Franklin Academy	4:00.64	4:02.37	5
5	#6 Foster, Violet	10	Canton		4:06.25	4
6	#134 Hendricks, Madysen	10	Massena	3:57.00	4:11.11	3
7	#225 Ewy, Emily	FR	Potsdam	4:20.00	4:12.66	2

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Finals ... (Event 16 Girls 1000 Meter Run)

Name	Yr	School	Seed	Finals	Points
8 #16 McKinley, Cecelia	10	Canton		4:12.98	1
9 #187 Curtis, Annabel	8	Ogdensburg Free Academy	4:10.00	4:24.78	
10 #185 Bouchey, Ellah	8	Ogdensburg Free Academy	4:10.00	4:29.41	

Event 17 Boys 1000 Meter Run

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 #71 Chodat, Watson		Franklin Academy		2:55.46	1	10
2 #274 Lazore, Cayde	12	Salmon River	3:15.00	3:03.49	2	8
3 #41 Watts, Lucas	10	Canton		3:13.94	1	6
4 #260 Yang, Nick	12	Potsdam	3:17.00	3:15.94	2	5
5 #295 Kendall, Jonah	9	Tupper Lake	3:15.00	3:19.14	2	4
6 #68 Bormann, Justin		Franklin Academy		3:23.33	1	3
7 #272 Francis, Jeremy	10	Salmon River		3:26.57	1	2
8 #103 Wells, Kaden	9	Gouverneur Central School	3:31.00	3:27.62	1	1
9 #271 Cole, Kyren	12	Salmon River	3:20.00	3:27.91	2	
10 #279 Sharrow, Tehonietathe	12	Salmon River	3:30.00	3:30.63	2	
11 #155 Young, Hunter	12	Massena	3:30.00	3:30.79	1	
12 #147 Dostie, Jayden	12	Massena	3:20.00	3:31.84	2	
13 #277 Oakes, Lucas	10	Salmon River	3:47.00	3:34.31	1	
--- #96 Fenlong, Ethan	11	Gouverneur Central School	3:22.00	DNF	2	
--- #145 Bush, Kaden	11	Massena	3:30.00	DNF	2	
--- #75 Johnston, Carter		Franklin Academy		X3:35.91	1	
--- #78 Menke, Ryan		Franklin Academy		X3:41.33	1	

Event 18 Boys 3200 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 #269 ., Tehoronhiathe	12	Salmon River	12:00.00	11:35.64	10
2 #146 David, Andrew	9	Massena	11:48.00	11:38.93	8
3 #43 Worthley, Kaden	10	Canton		11:53.82	6
4 #74 Guerin, Donovan		Franklin Academy		12:20.39	5
5 #77 LaChance, Brandon		Franklin Academy		12:26.18	4
6 #257 Vink, Bailey	9	Potsdam	12:14.00	13:32.59	3

Event 19 Girls 4x400 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Potsdam	A	4:30.00	4:33.79	10
1) #216 Betrus, Lindy JR	2) #226 Grainger, Ali JR	3) #235 Steinrotter, Emmie FR	4) #234 Shatraw, Izzy SR	
5) #225 Ewy, Emily FR				
2 Norwood-Norfolk Central School	A		4:46.18	8
1) #166 Hewey, Rachel 11	2) #174 Snell, Allie 9	3) #156 Ashley, Madison 10	4) #158 Carista, Madison 9	
5) #163 Donahue, Caitlin 8				
3 Gouverneur Central School	A	4:55.00	4:56.88	6
1) #88 Griffith, Rikki 12	2) #91 Shippee, Lillianna 10	3) #92 Siebels, Lilah 8	4) #85 Gaines, Audrey 10	
5) #93 Smith, Emily 10				
4 Canton	A	4:50.00	5:00.41	5
1) #13 McCarthy, Rori 12	2) #30 Zysik, Annika 10	3) #10 Lawton, Lynzie 12	4) #25 Seegar, Julia 10	
5) #20 Robert, Elaina 10	6) #3 Brandy, Madison 12	7) #4 Campoy Egea, Paula	8) #21 Rossiter, Natasha 9	

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Finals ... (Event 19 Girls 4x400 Meter Relay)

Team	Relay	Seed	Finals	Points
5 Franklin Academy	A	4:49.00	5:13.35	4
1) #58 Marlow, Rhyan 9	2) #56 Lawrence, Tye 10	3) #64 Winters, Katrina 10	4) #57 Leroy, Ellie 11	
5) #62 Rivera, Kylie 11	6) #46 Ashlaw, Natalie 11			
6 Ogdensburg Free Academy	A	5:15.00	5:30.41	3
1) #193 McRoberts, Brianna 12	2) #187 Curtis, Annabel 8	3) #185 Bouchey, Ellah 8	4) #191 Honeywell, Kendall 8	

Event 20 Boys 4x400 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Canton	A	4:02.00	3:57.34	10
1) #45 Young, Caleb 12	2) #35 Hall, Owen 12	3) #31 Armendariz-Haun, Daniel 14	4) #39 Rodriguez-Doyle, Aiden 10	
5) #40 Simons, Christian 12	6) #44 Worthley, Kolten 10			
2 Ogdensburg Free Academy	A	4:00.00	4:19.00	8
1) #205 Gillette, Gary 12	2) #215 Thornhill, Jackson 8	3) #206 Havens, Jace 9	4) #211 Skelly, Jaxton 9	
5) #204 Ericksen, Kresten 09				
3 Potsdam	A	4:18.68	4:31.14	6
1) #250 Morey, Xaiden 9	2) #256 Teich, Charlie 9	3) #259 Wellings, Andrew 12	4) #244 Haggett, Max 10	
5) #243 Grainger, Nick 10				
4 Massena	A	4:15.00	4:32.60	5
1) #148 Eggleston, Logan 12	2) #142 Becht, Chase 12	3) #151 Fregoe, Connor 12	4) #155 Young, Hunter 12	
5) #153 Robillard-Ramatici, Ethan				
5 Tupper Lake	A	4:15.00	4:45.01	4
1) #290 Barkley, Nathan 10	2) #295 Kendall, Jonah 9	3) #293 Fleishman, Brock 9	4) #297 Logie, Sawyer 12	
5) #299 Sabo, Jacob 12				
6 Franklin Academy	A		4:53.74	3

Event 21 Girls High Jump

Name	Yr	School	Seed	Finals	Points
Finals					
1 #85 Gaines, Audrey	10	Gouverneur Central School	4-06.00	J5-04.00	10
2 #54 Funk, Darci	8	Franklin Academy	4-09.00	J4-10.00	8
3 #104 Adams, Mackenzie	11	Indian River		J4-08.00	6
4 #281 Ellis, Olivia	12	Tupper Lake	4-10.00	J4-06.00	4.50
4 #166 Hewey, Rachel	11	Norwood-Norfolk Central School	4-08.00	J4-06.00	4.50
6 #188 Curtis, Autumn	10	Ogdensburg Free Academy		J4-06.00	3
7 #53 Chodat, Adeline	12	Franklin Academy	4-06.00	J4-04.00	1.50
7 #9 Kitzman, Ella	12	Canton	4-08.00	J4-04.00	1.50
9 #1 Armstrong, Maddie	12	Canton	4-06.00	J4-04.00	
10 #90 Sheen, Jacey	11	Gouverneur Central School	4-02.00	J4-04.00	
11 #47 Benardot, Cora	11	Franklin Academy	4-00.00	J4-02.00	
11 #5 Casserly, Aurora	8	Canton		J4-02.00	
13 #105 Burnard, Carolina	11	Indian River		J4-02.00	
14 #221 Davidson, Lizzie	JR	Potsdam	4-00.00	J4-02.00	
15 #169 Masuk, Autumn	8	Norwood-Norfolk Central School	4-05.50	J4-00.00	
16 #115 VanTassel, Ali	11	Indian River		J4-00.00	
--- #228 Kelson, Ali	FR	Potsdam	3-10.00	NH	

Event 22 Boys High Jump

Name	Yr	School	Seed	Finals	Points
Finals					
1 #258 Washburn, Austin	12	Potsdam	5-07.00	5-00.00	10
2 #209 Peabody, Gabe	10	Ogdensburg Free Academy		4-09.00	8

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Finals ... (Event 22 Boys High Jump)

Name	Yr	School	Seed	Finals	Points
3 #72 Debose, Ayden		Franklin Academy		J4-09.00	6
4 #68 Bormann, Justin		Franklin Academy	4-08.00	J4-09.00	5
5 #66 Benardot, Maxwell		Franklin Academy		4-06.00	3.50
5 #212 Smith, Ian	11	Ogdensburg Free Academy		4-06.00	3.50
--- #248 Malit, Jimmy		Potsdam		NH	

Event 23 Girls Long Jump

Name	Yr	School	Seed	Finals	Points
Finals					
1 #216 Betrus, Lindy	JR	Potsdam	15-00.00	16-09.00	10
2 #104 Adams, Mackenzie	11	Indian River		15-06.00	8
3 #90 Sheen, Jacey	11	Gouverneur Central School	13-00.00	14-01.00	6
4 #7 Grandy, Phebe	8	Canton		13-06.00	5
5 #195 Murray, Emma	12	Ogdensburg Free Academy		13-05.50	4
6 #85 Gaines, Audrey	10	Gouverneur Central School	14-05.00	13-04.00	3
7 #111 Pauly-Solar, Mary	10	Indian River		13-03.00	2
8 #194 Mix, Kadence	12	Ogdensburg Free Academy		12-05.00	1
9 #106 Cavaliere, Kayla	10	Indian River		12-03.00	
10 #288 Tarbox, Lacey	8	Tupper Lake	13-00.00	12-00.50	
11 #57 Leroy, Ellie	11	Franklin Academy		11-09.50	
12 #53 Chodat, Adeline	12	Franklin Academy		11-05.50	
13 #217 Cardinal, Mackenzie	SO	Potsdam	11-00.00	11-03.50	
14 #229 LaBarge, Tayler	SO	Potsdam	12-00.00	11-01.50	
15 #89 Morrow, Haley	11	Gouverneur Central School	12-00.00	10-08.50	
--- #8 Hibbard, Lilly	10	Canton		FOUL	
--- #282 Flag, Caydence	10	Tupper Lake	11-00.00	FOUL	

Event 24 Boys Long Jump

Name	Yr	School	Seed	Finals	Points
Finals					
1 #72 Debose, Ayden		Franklin Academy		17-08.00	10
2 #258 Washburn, Austin	12	Potsdam	17-06.00	17-02.00	8
3 #141 Ashley, Jordan	10	Massena		17-00.50	6
4 #82 Smythe, Landon		Franklin Academy		16-00.00	5
5 #214 Sutherland, Ryan	11	Ogdensburg Free Academy		15-11.50	4
6 #294 Gerstenberger, Cohen	9	Tupper Lake	14-00.00	14-10.00	3
7 #94 Bice, Kelvin III	9	Gouverneur Central School	11-00.00	14-08.00	2
8 #144 Binion, Jacob	12	Massena		14-07.50	1
9 #295 Kendall, Jonah	9	Tupper Lake	13-00.00	13-04.50	
10 #259 Wellings, Andrew	12	Potsdam		13-04.00	
11 #242 Gilbert, Jack	10	Potsdam		13-03.00	
12 #208 Peabody, Crofton	10	Ogdensburg Free Academy		12-10.00	
13 #129 Rivera, Kaylum	12	Indian River		12-08.00	
14 #34 Cartright, Tegan	P	Canton		12-01.00	
15 #293 Fleishman, Brock	9	Tupper Lake	13-00.00	10-00.00	
--- #152 Monroe, Wyatt	12	Massena		FOUL	

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Event 25 Girls Triple Jump

	Name	Yr	School	Seed	Finals	Points
Finals						
1	#234 Shatraw, Izzy	SR	Potsdam	31-00.00	30-11.00	10
2	#268 Oakes, Krissy	12	Salmon River	31-06.00	28-02.00	8
3	#57 Leroy, Ellie	11	Franklin Academy		27-09.75	6
4	#219 Clark, Meridyth	SO	Potsdam	26-00.00	27-00.50	5
5	#187 Curtis, Annabel	8	Ogdensburg Free Academy		26-03.00	4
6	#200 Wilson, Katharine	9	Ogdensburg Free Academy		26-01.50	3
7	#105 Burnard, Carolina	11	Indian River		26-00.00	2
8	#47 Benardot, Cora	11	Franklin Academy		24-04.75	1
9	#115 VanTassel, Ali	11	Indian River		24-00.25	
10	#230 Lemieux, Mya	JR	Potsdam	23-00.00	23-07.50	
11	#52 Branconnier, Morgan	10	Franklin Academy		22-11.25	
12	#285 Nadeau, Meika	12	Tupper Lake	23-00.00	22-10.50	
13	#284 Fritts, Raegan	12	Tupper Lake	24-00.00	22-08.50	

Event 26 Boys Triple Jump

	Name	Yr	School	Seed	Finals	Points
Finals						
1	#41 Watts, Lucas	10	Canton		35-01.50	10
2	#258 Washburn, Austin	12	Potsdam	33-07.00	33-06.50	8
3	#65 Ashlaw, Mitchell		Franklin Academy		32-05.75	6
4	#155 Young, Hunter	12	Massena		31-10.00	5
5	#77 LaChance, Brandon		Franklin Academy		30-00.75	4
6	#154 Wilhelm, Zander	10	Massena		29-09.75	3

Event 27 Girls Shot Put

	Name	Yr	School	Seed	Finals	Points
Finals						
1	#138 Oliver, Kristen	12	Massena		29-03.50	10
2	#199 Valcour, Luc	11	Ogdensburg Free Academy		27-06.00	8
3	#59 Monette, MaKenna	12	Franklin Academy		J27-06.00	6
4	#220 Clark, Olivia	JR	Potsdam	25-00.00	27-04.50	5
5	#11 Magurk, Grace	11	Canton		23-05.00	4
6	#49 Bennett, Katharyne	12	Franklin Academy	19-01.50	22-11.50	3
7	#157 Burns, Kerisa	11	Norwood-Norfolk Central School		22-03.00	2
8	#237 Williamson, Hailey	JR	Potsdam	23-00.00	J22-03.00	1
9	#107 Cratsenberg, Sierra	10	Indian River		20-08.00	
10	#52 Branconnier, Morgan	10	Franklin Academy		20-06.00	
11	#176 Wagstaff, Margaret	11	Norwood-Norfolk Central School		19-06.00	
12	#280 Becker, Mary	10	Tupper Lake	23-00.00	19-04.00	
13	#21 Rossiter, Natasha	9	Canton		19-01.50	
14	#168 LaBar, Brianna	11	Norwood-Norfolk Central School		18-07.00	
15	#18 Newvine, Ava	10	Canton		18-06.50	
16	#287 Strack, Kathryn	11	Tupper Lake	22-00.00	18-02.00	
17	#172 Sherman, Audrieanna	10	Norwood-Norfolk Central School		16-06.50	
18	#171 O'Brien, Madison	11	Norwood-Norfolk Central School		15-10.50	
19	#167 Kennedy, Kiley	11	Norwood-Norfolk Central School		15-04.00	
20	#48 Bennett, Jorja	9	Franklin Academy		15-02.50	
21	#264 Cook, Cloe	10	Salmon River		14-06.00	

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Finals ... (Event 27 Girls Shot Put)

Name	Yr	School	Seed	Finals	Points
22 #161 Coller, Kesley	10	Norwood-Norfolk Central School		14-01.00	
23 #177 Waite, Jaden	11	Norwood-Norfolk Central School		13-11.00	
24 #197 Pratt, Jenna	11	Ogdensburg Free Academy		12-10.50	
25 #51 Bess, Mykenna	9	Franklin Academy		12-06.00	

Event 28 Boys Shot Put

Name	Yr	School	Seed	Finals	Points
Finals					
1 #101 Siebels, Owen	11	Gouverneur Central School	35-00.00	36-02.00	10
2 #153 Robillard-Ramatici, Ethan	11	Massena		35-03.00	8
3 #201 Baxter, Chandler	11	Ogdensburg Free Academy		34-07.00	6
4 #300 Whitman, Owen	12	Tupper Lake	34-00.00	31-06.00	5
5 #149 Favreau, Shane	11	Massena		30-06.00	4
6 #298 Robillard, Luke	10	Tupper Lake	33-00.00	29-10.00	3
7 #279 Sharrow, Tehonietathe	12	Salmon River	30-00.00	29-08.00	2
8 #80 Rogers, Witt		Franklin Academy		29-02.00	1
9 #81 Shea, Jeb		Franklin Academy		29-00.00	
10 #178 Boprey, Dominic	11	Norwood-Norfolk Central School	27-08.00	27-10.00	
11 #38 Richardson, James	9	Canton		27-04.00	
12 #215 Thornhill, Jackson	8	Ogdensburg Free Academy		J27-04.00	
13 #40 Simons, Christian	12	Canton		27-03.00	
14 #99 Ritchie, Jackson	9	Gouverneur Central School	30-00.00	26-10.00	
15 #292 Farnsworth, Jayden	12	Tupper Lake	31-00.00	26-08.00	
16 #255 Simmons, Jackson	12	Potsdam		26-04.00	
17 #70 Carr, David		Franklin Academy		24-08.00	
18 #243 Grainger, Nick	10	Potsdam		24-07.00	
19 #270 Burns, Kobryn	12	Salmon River	25-00.00	23-06.00	
20 #244 Haggett, Max	10	Potsdam		22-11.00	
21 #273 Hasty, Oakley	9	Salmon River	23-00.00	22-06.50	
22 #301 Stewart, Caden		Norwood-Norfolk Central School		21-07.00	
23 #95 Crews, Hunter	12	Gouverneur Central School	27-05.00	20-11.00	
24 #182 Garrow, Jaren	9	Norwood-Norfolk Central School	26-10.75	19-09.00	
25 #241 Emlaw, Austin	9	Potsdam		16-11.00	
--- #289 Baker, Mike	11	Tupper Lake	34-00.00	X31-01.00	
--- #296 Levey, CJ	10	Tupper Lake		X28-05.00	
--- #69 Brooks, Zebulon		Franklin Academy		X26-02.00	
--- #290 Barkley, Nathan	10	Tupper Lake		X22-04.00	

Women - Team Rankings - 14 Events Scored

1) Potsdam	130	2) Canton	93.5
3) Gouverneur Central School	88	4) Franklin Academy	49.5
5) Salmon River	44	6) Ogdensburg Free Academy	36.5
7) Norwood-Norfolk Central School	24.5	7) Indian River	24.5
9) Tupper Lake	21.5	10) Massena	20

Men - Team Rankings - 14 Events Scored

1) Massena	101	2) Franklin Academy	100
3) Canton	77	4) Potsdam	66

NAC Indoor Meet 1 - 12/21/2022

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Results - NAC Meet 1

5) Indian River	49	6) Ogdensburg Free Academy	45.5
7) Salmon River	38	8) Tupper Lake	23
9) Gouverneur Central School	13	10) Norwood-Norfolk Central School	11.5