

NAC Section X Invite - 2/3/2023

SLU

Results - NAC Meet

Event 1 Girls 4x800 Meter Relay

Section X: 9:16.39 R 2014

Canton

Team	Relay	Finals
Finals		
1 Norwood-Norfolk	A	10:57.57 10
1) #157 Carista, Madison 9	2) #165 Hewey, Rachel 11	
3) #173 Snell, Allie 9	4) #159 Colbert, Sharon 12	
5) #155 Ashley, Madison 10		
2 Gouverneur	A	11:17.11 8
1) #88 Griffith, Randi 12	2) #87 Greenhill, Meadow 11	
3) #85 Bowman, Abigail 11	4) #89 Griffith, Rikki 12	
5) #84 Blaine, Llydia 11	6) #92 Shippee, Lillianna 10	
3 Clinton	A	11:20.47 6
1) #370 Heselton, Natalie	2) #375 Cortright, Natalie	
3) #371 Rioux, Beatrix	4) #367 Langsdorf, Isla	
5) #368 Davignon, Wynni	6) #366 Graziadei, Alia	
4 Potsdam	A	11:22.72 5
1) #235 Williams, Sadie JR	2) #218 Clark, Meridyth SO	
3) #227 Kelson, Ali FR	4) #234 Steinrotter, Emmie FR	
5) #217 Cetinkaya, Elif SO	6) #221 Dhaniyala, Saadhika FR	
7) #224 Ewy, Emily FR		

Event 2 Boys 4x800 Meter Relay

Section X: 8:01.60 R 1989

Malone

Lawrence, Mulverhill, Taylor, VanEss

Team	Relay	Finals
Finals		
1 Norwood-Norfolk	A	8:51.07 10
1) #181 Fiacco, Dominic 11	2) #180 Fiacco, Anthony 12	
3) #178 Bradley, Lance 12	4) #179 Bradley, Logan 11	
5) #182 Gardner, Corbin		
2 Canton	A	9:11.52 8
1) #31 Armendariz-Haun, Daniel 11	2) #37 Lee-Powell, Rylan 10	
3) #40 Rodriguez-Doyle, Aiden 10	4) #42 Watts, Lucas 10	
5) #44 Worthley, Kaden 10		
3 Potsdam	A	10:29.48 6
1) #259 Yang, Nick 12	2) #256 Vink, Bailey 9	
3) #250 Munoz, Jehavani 9	4) #242 Grainger, Nick 10	
4 Clinton	A	11:15.50 5
1) #377 Schweitzer, Henry	2) #378 Widiss, Abel	
3) #379 Amuso, Martin	4) #380 Chang, Brian	
5) #381 Musante, John		
5 Massena	A	11:36.20 4
1) #146 Dostie, Jayden 12	2) #147 Eggleston, Logan 12	
3) #152 Robillard-Ramatici, Ethan	4) #141 Becht, Chase 12	
5) #144 Bush, Kaden 11		

Event 3 Girls 60 Meter Dash

Section X: 8.19 R 2020

Tiffany Plunkett

Name	Yr	School	Finals
Finals			
1 #2 Blair, Hailee	12	Canton	8.64 10
2 #398 Riemersma, Julianna		Moriah	8.71 8
3 #85 Bowman, Abigail	11	Gouverneur	8.72 6
4 #223 El Labban, Sarah	FR	Potsdam	8.78 5

5 #161 Cupps, Meadow	11	Norwood-Norfolk	8.80 4
6 #360 Depalma, Francesca		Clinton	8.85 3
7 #87 Greenhill, Meadow	11	Gouverneur	8.91 2
8 #94 Smith, Emily	10	Gouverneur	9.05 1
9 #195 McRoberts, Brianna	12	Blue Devils	9.06
10 #228 LaBarge, Tayler	SO	Potsdam	9.17
10 #190 Curtis, Autumn	10	Blue Devils	9.17
12 #158 Charles, Sydney	10	Norwood-Norfolk	9.28
13 #196 Mix, Kadence	12	Blue Devils	9.46
14 #230 Moore, Kenadi	JR	Potsdam	9.54
15 #374 Constantino, Vincenzia		Clinton	9.65
16 #136 Oldenburgh, Mackenzie	9	Massena	9.86
17 #169 Miller-Lynch, Tessa	7	Norwood-Norfolk	9.94

Event 4 Boys 60 Meter Dash

Section X: 7.05 R 2020

Caleb Farr

Name	Yr	School	Finals
Finals			
1 #46 Young, Caleb	12	Canton	7.56 10
2 #151 Monroe, Wyatt	12	Massena	7.59 8
3 #387 Jacobson, Jack		Clinton	7.72 6
4 #386 Milne, Ronan		Clinton	7.76 5
5 #184 Milller-Lynch, Liam	10	Norwood-Norfolk	7.77 4
6 #143 Binion, Jacob	12	Massena	8.01 3
7 #99 Lucas, Maxwel	11	Gouverneur	8.26 2
8 #395 Peters, Brayden		Moriah	8.30 1
9 #239 Cardona, Landon	12	Potsdam	8.35
9 #297 Robillard, Luke	10	Tupper Lake	8.35
11 #177 Boprey, Dominic	11	Norwood-Norfolk	8.49
12 #150 Fregoe, Connor	12	Massena	8.55
12 #298 Whitman, Owen	12	Tupper Lake	8.55
14 #244 Jones, William	9	Potsdam	8.56
15 #95 Bice, Kelvin III	9	Gouverneur	8.63
16 #203 Beaulieu, Patrick	9	Blue Devils	8.64
17 #186 Waite, Mason	9	Norwood-Norfolk	8.76
18 #254 Simmons, Jackson	12	Potsdam	8.90

Event 5 Girls 60 Meter Hurdles

Section X: 10.43 R 2020

Sydney Lorenc

Name	Yr	School	Finals
Finals			
1 #280 Ellis, Olivia	12	Tupper Lake	10.60 10
2 #27 Shipman, Stella	11	Canton	10.74 8
3 #364 Detraglia, Lydia		Clinton	10.79 6
4 #1 Armstrong, Maddie	12	Canton	11.27 5
5 #174 Tebo, Kylie	12	Norwood-Norfolk	11.42 4
6 #231 Rutledge, Jaedyn	SR	Potsdam	11.59 3
7 #3 Brandy, Madison	12	Canton	11.71 2
8 #201 Wilson, Katharine	9	Blue Devils	11.84 1
9 #164 Gates, Brielle	9	Norwood-Norfolk	12.16
10 #365 Freund, Chloe		Clinton	12.20
11 #232 Seitzer, Abi	SO	Potsdam	12.30
12 #135 Lannis, Molly	11	Massena	14.11
13 #136 Oldenburgh, Mackenzie	9	Massena	15.14

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Results - NAC Meet

Event 6 Boys 60 Meter Hurdles

Section X: 8.91 R 2/8/2019 Jeremaih vonBorstel

Name	Yr	School	Finals
Finals			
1 #385 Squires, Matt		Clinton	10.28 10
2 #249 Morey, Xaiden	9	Potsdam	10.59 8
3 #36 Hall, Owen	12	Canton	10.77 6
4 #388 Sturtevant, Elijah		Clinton	10.93 4.5
4 #153 Wilhelm, Zander	10	Massena	10.93 4.5
6 #209 Peabody, Gabe	10	Blue Devils	11.01 3
7 #252 Pace, Patrick	11	Potsdam	12.97 2

Event 7 Girls 1500 Meter Run

Section X: 4:41.54 R 2013 Laura Pierce

Name	Yr	School	Finals
Finals			
1 #159 Colbert, Sharon	12	Norwood-Norfolk	5:13.17 10
2 #233 Shatraw, Izzy	SR	Potsdam	5:13.52 8
3 #5 Casserly, Aurora	8	Canton	5:16.07 6
4 #173 Snell, Allie	9	Norwood-Norfolk	5:16.66 5
5 #23 Schmitt, Bennett	9	Canton	5:17.08 4
6 #89 Griffith, Rikki	12	Gouverneur	5:34.78 3
7 #366 Graziadei, Alia		Clinton	5:45.38 2
8 #368 Davignon, Wynni		Clinton	5:46.46 1
9 #22 Salvimiguel, Marilisa	10	Canton	6:14.58
10 #216 Cardinal, Mackenzie	SO	Potsdam	6:30.31

Event 8 Girls 4x200 Meter Relay

Section X: 1:49.70 R 2007 Indian River

Team	Relay	Finals
Finals		
1 Canton	A	1:56.99 10
1) #2 Blair, Hailee 12	2) #27 Shipman, Stella 11	
3) #25 Seegar, Julia 10	4) #3 Brandy, Madison 12	
5) #10 Lawton, Lynzie 12		
2 Gouverneur	A	1:57.54 8
1) #87 Greenhill, Meadow 11	2) #91 Sheen, Jacey 11	
3) #88 Griffith, Randi 12	4) #85 Bowman, Abigail 11	
5) #94 Smith, Emily 10		
3 Clinton	A	1:59.20 6
1) #372 Rioux, Josephine	2) #369 Gemelli, Gabriella	
3) #360 Depalma, Francesca	4) #364 Detraglia, Lydia	
5) #362 Ward, Rachel	6) #363 Barker, Scarlett	
4 Potsdam	A	2:02.67 5
1) #220 Davidson, Lizzie JR	2) #232 Seitzer, Abi SO	
3) #228 LaBarge, Tayler SO	4) #223 El Labban, Sarah FR	
5) #230 Moore, Kenadi JR	6) #222 Duffy, Daly SO	
7) #231 Rutledge, Jaedyn SR		
5 Blue Devils	A	2:06.44 4
1) #196 Mix, Kadence 12	2) #201 Wilson, Katharine 9	
3) #190 Curtis, Autumn 10	4) #195 McRoberts, Brianna 12	
5) #187 Bouchey, Ellah 8		

6 Massena	A	2:17.95 3
1) #136 Oldenburgh, Mackenzie 9	2) #137 Oliver, Kristen 12	
3) #133 Hendricks, Madyson 10	4) #135 Lannis, Molly 11	
--- Norwood-Norfolk	A	DQ
1) #161 Cupps, Meadow 11	2) #174 Tebo, Kylie 12	
3) #169 Miller-Lynch, Tessa 7	4) #175 Wagstaff, Margaret 11	
5) #158 Charles, Sydney 10		

Event 9 Boys 4x200 Meter Relay

Section X: 1:35.70 R 2006 Norwood-Norfolk

Team	Relay	Finals
Finals		
1 Massena	A	1:39.31 10
1) #143 Binion, Jacob 12	2) #142 Binion, Aaron 12	
3) #139 Acevedo, Eligha 11	4) #151 Monroe, Wyatt 12	
5) #150 Fregoe, Connor 12		
2 Clinton	A	1:43.76 8
1) #446 Copperwheat, Ben	2) #382 Whitfield, Jacob	
3) #383 Rose, Nate	4) #384 Bolos, Zechariah	
5) #385 Squires, Matt	6) #377 Schweitzer, Henry	
3 Potsdam	A	1:50.50 6
1) #244 Jones, William 9	2) #243 Haggett, Max 10	
3) #239 Cardona, Landon 12	4) #254 Simmons, Jackson 12	
5) #253 Savage, Kurtis 10		
4 Gouverneur	A	2:00.77 5
1) #103 Wells, Kaden 9	2) #101 Schroeder, Jack 11	
3) #98 Hitchcock, Tanner 11	4) #95 Bice, Kelvin III 9	
5) #97 Fenlong, Ethan 12	6) #99 Lucas, Maxwel 11	
7) #100 Ritchie, Jackson 9		

Event 10 Boys 1600 Meter Run

Section X: 4:14.00 R 1981 Jim Tyler

Name	Yr	School	Finals
Finals			
1 #181 Fiacco, Dominic	11	Norwood-Norfolk	4:51.27 10
2 #381 Musante, John		Clinton	4:53.75 8
3 #31 Armendariz-Haun, Daniel	10	Canton	4:53.79 6
4 #145 David, Andrew	9	Massena	4:58.76 5
5 #42 Watts, Lucas	10	Canton	5:03.49 4
6 #178 Bradley, Lance	12	Norwood-Norfolk	5:05.71 3
7 #179 Bradley, Logan	11	Norwood-Norfolk	5:10.63 2
8 #256 Vink, Bailey	9	Potsdam	5:32.57 1

Event 11 Girls 600 Meter Run

Section X: 1:37.57 R 2014 Rebekkah Bond

Name	Yr	School	Finals
Finals			
1 #225 Grainger, Ali	JR	Potsdam	1:45.97 10
2 #88 Griffith, Randi	12	Gouverneur	1:51.65 8
3 #173 Snell, Allie	9	Norwood-Norfolk	1:55.47 6
4 #370 Heselton, Natalie		Clinton	1:57.00 5
5 #15 McDonough, Grace	12	Canton	1:57.59 4
6 #226 Hinckley, Keira	FR	Potsdam	2:06.64 3
7 #10 Lawton, Lynzie	12	Canton	2:07.23 2
8 #162 Donahue, Caitlin	8	Norwood-Norfolk	2:07.40 1

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Results - NAC Meet

Finals ... (Event 11 Girls 600 Meter Run)

Name	Yr	School	Finals
9 #155 Ashley, Madison	10	Norwood-Norfolk	2:07.70
10 #133 Hendricks, Madyson	10	Massena	2:10.23
11 #221 Dhaniyala, Saadhika	FR	Potsdam	2:13.69
12 #135 Lannis, Molly	11	Massena	2:19.85
13 #373 Tinkler, Emily		Clinton	2:21.20

Event 12 Boys 600 Meter Run

Section X: 1:21.99 R 2/2/2019 Jeremiah vonBorstel

Name	Yr	School	Finals
Finals			
1 #37 Lee-Powell, Rylan	10	Canton	1:38.23 10
2 #40 Rodriguez-Doyle, Aiden	10	Canton	1:38.88 8
3 #182 Gardner, Corbin		Norwood-Norfolk	1:40.28 6
4 #384 Bolos, Zechariah		Clinton	1:41.64 5
5 #139 Acevedo, Eligha	11	Massena	1:41.75 4
6 #208 Peabody, Crofton	10	Blue Devils	1:43.01 3
7 #377 Schweitzer, Henry		Clinton	1:45.58 2
8 #97 Fenlong, Ethan	12	Gouverneur	1:50.35 1
9 #242 Grainger, Nick	10	Potsdam	1:53.55
10 #101 Schroeder, Jack	11	Gouverneur	1:58.55

Event 13 Girls 3000 Meter Run

Section X: 10:09.70 R 2014 Laura Pierce

Name	Yr	School	Finals
Finals			
1 #157 Carista, Madison	9	Norwood-Norfolk	11:51.78 10
2 #23 Schmitt, Bennett	9	Canton	11:57.61 8
3 #366 Graziadei, Alia		Clinton	12:19.36 6
4 #235 Williams, Sadie	JR	Potsdam	12:31.64 5
5 #368 Davignon, Wynni		Clinton	12:33.35 4
6 #28 Tupper, Johanna	10	Canton	12:39.53 3
7 #218 Clark, Meridith	SO	Potsdam	12:45.74 2
8 #164 Gates, Brielle	9	Norwood-Norfolk	13:09.90 1
9 #227 Kelson, Ali	FR	Potsdam	14:20.79

Event 14 Girls 300 Meter Dash

Section X: 41.46 R 1982 Sue Hutchins

Name	Yr	School	Finals
Finals			
1 #215 Betrus, Lindy	JR	Potsdam	43.89 10
2 #13 McCarthy, Rori	12	Canton	46.55 8
3 #364 Detraglia, Lydia		Clinton	47.31 6
4 #398 Riemersma, Julianna		Moriah	47.96 5
5 #369 Gemelli, Gabriella		Clinton	48.08 4
6 #161 Cupps, Meadow	11	Norwood-Norfolk	49.70 3
7 #228 LaBarge, Tayler	SO	Potsdam	50.20 2
8 #25 Seegar, Julia	10	Canton	50.38 1
9 #223 El Labban, Sarah	FR	Potsdam	50.58
10 #174 Tebo, Kylie	12	Norwood-Norfolk	52.03
11 #195 McRoberts, Brianna	12	Blue Devils	52.36
12 #187 Bouchey, Ellah	8	Blue Devils	54.46
13 #169 Miller-Lynch, Tessa	7	Norwood-Norfolk	54.64

Event 15 Boys 300 Meter Dash

Section X: 35.40 R 2007 Gino Bisceglia

Name	Yr	School	Finals
Finals			
1 #46 Young, Caleb	12	Canton	37.81 10
2 #142 Binion, Aaron	12	Massena	38.23 8
3 #184 Miller-Lynch, Liam	10	Norwood-Norfolk	40.15 5.5
3 #36 Hall, Owen	12	Canton	40.15 5.5
5 #382 Whitfield, Jacob		Clinton	40.23 4
6 #387 Jacobson, Jack		Clinton	40.64 3
7 #211 Smith, Ian	11	Blue Devils	42.53 2
8 #297 Robillard, Luke	10	Tupper Lake	42.73 1
9 #243 Haggett, Max	10	Potsdam	43.06
10 #186 Waite, Mason	9	Norwood-Norfolk	44.81
11 #205 Ericksen, Kresten	09	Blue Devils	44.96
12 #298 Whitman, Owen	12	Tupper Lake	45.24
13 #100 Ritchie, Jackson	9	Gouverneur	45.31
13 #244 Jones, William	9	Potsdam	45.31
15 #150 Fregoe, Connor	12	Massena	46.63
16 #97 Fenlong, Ethan	12	Gouverneur	46.82
17 #98 Hitchcock, Tanner	11	Gouverneur	49.62

Event 16 Girls 1000 Meter Run

Section X: 3:00.00 R 2014 Rebecca Delrossi

Name	Yr	School	Finals
Finals			
1 #159 Colbert, Sharon	12	Norwood-Norfolk	3:13.57 10
2 #233 Shatraw, Izzy	SR	Potsdam	3:30.01 8
3 #225 Grainger, Ali	JR	Potsdam	3:31.23 6
4 #367 Langsdorf, Isla		Clinton	3:46.60 5
5 #375 Cortright, Natalie		Clinton	3:47.89 4
6 #192 Honeywell, Kendall	8	Blue Devils	4:03.07 3
7 #224 Ewy, Emily	FR	Potsdam	4:07.87 2
8 #155 Ashley, Madison	10	Norwood-Norfolk	4:08.82 1
9 #133 Hendricks, Madyson	10	Massena	4:10.66

Event 17 Boys 1000 Meter Run

Section X: 2:32.90 R 1998 Ed Zysik

Name	Yr	School	Finals
Finals			
1 #180 Fiacco, Anthony	12	Norwood-Norfolk	3:01.79 10
2 #145 David, Andrew	9	Massena	3:02.25 8
3 #259 Yang, Nick	12	Potsdam	3:04.90 6
4 #178 Bradley, Lance	12	Norwood-Norfolk	3:09.00 5
5 #256 Vink, Bailey	9	Potsdam	3:20.30 4
6 #146 Dostie, Jayden	12	Massena	3:32.25 3
7 #379 Amuso, Martin		Clinton	3:41.52 2
8 #380 Chang, Brian		Clinton	3:43.11 1

Event 18 Boys 3200 Meter Run

Section X: 9:18.66 R 2002 Jon Pierce

Name	Yr	School	Finals
Finals			
1 #381 Musante, John		Clinton	10:56.23 10
2 #42 Watts, Lucas	10	Canton	10:58.81 8

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Results - NAC Meet

Finals ... (Event 18 Boys 3200 Meter Run)

Name	Yr	School	Finals
3 #40 Rodriguez-Doyle, Aiden	10	Canton	11:08.88 6
4 #44 Worthley, Kaden	10	Canton	11:44.76 5
5 #378 Widiss, Abel		Clinton	13:55.82 4

Event 19 Girls 4x400 Meter Relay
 Section X: 4:12.80 R 2001 Malone

Devins, Hardy, Hutchins, Weber

Team	Relay	Finals
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Finals

1 Potsdam	A	4:29.21 10
1) #231 Rutledge, Jaedyn SR	2) #234 Steinrotter, Emmie FR	
3) #222 Duffy, Daly SO	4) #225 Grainger, Ali JR	
5) #233 Shatraw, Izzy SR	6) #220 Davidson, Lizzie JR	
2 Canton	A	4:47.51 8
1) #13 McCarthy, Rori 12	2) #5 Casserly, Aurora 8	
3) #15 McDonough, Grace 12	4) #25 Seegar, Julia 10	
5) #10 Lawton, Lynzie 12	6) #3 Brandy, Madison 12	
3 Clinton	A	4:51.67 6
1) #372 Rioux, Josephine	2) #371 Rioux, Beatrix	
3) #369 Gemelli, Gabriella	4) #370 Heselton, Natalie	
5) #365 Freund, Chloe	6) #367 Langsdorf, Isla	
4 Norwood-Norfolk	A	4:58.27 5
1) #165 Hewey, Rachel 11	2) #164 Gates, Brielle 9	
3) #158 Charles, Sydney 10	4) #157 Carista, Madison 9	
5) #174 Tebo, Kylie 12		
5 Gouverneur	A	5:07.04 4
1) #94 Smith, Emily 10	2) #92 Shippee, Lillianna 10	
3) #84 Blaine, Llydia 11	4) #86 Gaines, Audrey 10	
5) #89 Griffith, Rikki 12		
6 Blue Devils	A	5:31.32 3
1) #192 Honeywell, Kendall 8	2) #194 Lalone, Kiely	
3) #187 Bouchey, Ellah 8	4) #189 Curtis, Annabel 8	

Event 20 Boys 4x400 Meter Relay
 Section X: 3:33.76 R 2000 Malone

Barnett, Honahan, Moulton, Seymour

Team	Relay	Finals
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Finals

1 Canton	A	3:48.91 10
1) #46 Young, Caleb 12	2) #36 Hall, Owen 12	
3) #37 Lee-Powell, Rylan 10	4) #31 Armendariz-Haun, Daniel 10	
5) #40 Rodriguez-Doyle, Aiden 10	6) #44 Worthley, Kaden 10	
2 Norwood-Norfolk	A	3:52.37 8
1) #184 Milller-Lynch, Liam 10	2) #182 Gardner, Corbin	
3) #181 Fiacco, Dominic 11	4) #180 Fiacco, Anthony 12	
5) #186 Waite, Mason 9		
3 Clinton	A	4:01.92 6
1) #382 Whitfield, Jacob	2) #386 Milne, Ronan	
3) #384 Bolos, Zechariah	4) #387 Jacobson, Jack	
5) #383 Rose, Nate	6) #446 Copperwheat, Ben	
4 Massena	A	4:05.04 5
1) #153 Wilhelm, Zander 10	2) #154 Young, Hunter 12	
3) #141 Becht, Chase 12	4) #145 David, Andrew 9	
5) #139 Acevedo, Eligha 11		

5 Blue Devils	A	4:13.90 4
1) #211 Smith, Ian 11	2) #206 Gillette, Gary 12	
3) #210 Skelly, Jaxton 9	4) #208 Peabody, Crofton 10	
5) #209 Peabody, Gabe 10		
6 Potsdam	A	4:17.16 3
1) #249 Morey, Xaiden 9	2) #242 Grainger, Nick 10	
3) #243 Haggett, Max 10	4) #258 Wellings, Andrew 12	

Event 21 Girls High Jump
 Section X: 5-06.50 R 1992 Darby Krause

Name	Yr	School	Finals
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Finals

1 #86 Gaines, Audrey	10	Gouverneur	5-01.00 10
2 #280 Ellis, Olivia	12	Tupper Lake	4-10.00 8
3 #91 Sheen, Jacey	11	Gouverneur	J4-06.00 6
4 #165 Hewey, Rachel	11	Norwood-Norfolk	J4-06.00 5
5 #9 Kitzman, Ella	12	Canton	J4-04.00 3.5
5 #1 Armstrong, Maddie	12	Canton	J4-04.00 3.5
7 #220 Davidson, Lizzie	JR	Potsdam	J4-04.00 2
8 #362 Ward, Rachel		Clinton	J4-04.00 1
9 #190 Curtis, Autumn	10	Blue Devils	4-02.00
10 #226 Hinckley, Keira	FR	Potsdam	3-10.00
--- #363 Barker, Scarlett		Clinton	NH
--- #227 Kelson, Ali	FR	Potsdam	NH

Event 22 Boys High Jump
 Section X: 6-09 R 1988 Tom Michaud

Name	Yr	School	Finals
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Finals

1 #257 Washburn, Austin	12	Potsdam	5-04.00 10
2 #388 Sturtevant, Elijah		Clinton	5-02.00 8
3 #389 Sanderson, Colin		Clinton	4-06.00 6
--- #252 Pace, Patrick	11	Potsdam	NH

Event 23 Girls Long Jump
 Section X: 18-05.50 R 1985 Leslie Revier

Name	Yr	School	Finals
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Finals

1 #215 Betrus, Lindy	JR	Potsdam	16-01.50 10
2 #1 Armstrong, Maddie	12	Canton	14-09.50 8
3 #91 Sheen, Jacey	11	Gouverneur	14-09.00 6
4 #280 Ellis, Olivia	12	Tupper Lake	14-06.25 5
5 #2 Blair, Hailee	12	Canton	14-04.00 4
6 #86 Gaines, Audrey	10	Gouverneur	13-03.00 3
7 #376 Randall, Leah		Clinton	12-00.50 2
8 #196 Mix, Kadence	12	Blue Devils	11-10.00 1
9 #216 Cardinal, Mackenzie	SO	Potsdam	11-08.50
10 #361 Ragland, Jayla		Clinton	11-07.00
11 #222 Duffy, Daly	SO	Potsdam	11-06.50

Event 24 Boys Long Jump
 Section X: 23-07 R 1989 Lucas Kerley

Name	Yr	School	Finals
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Finals

1 #151 Monroe, Wyatt	12	Massena	19-05.50 10
2 #388 Sturtevant, Elijah		Clinton	16-05.50 8

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Results - NAC Meet

Finals ... (Event 24 Boys Long Jump)

Name	Yr	School	Finals
3 #257 Washburn, Austin	12	Potsdam	16-05.00 6
4 #389 Sanderson, Colin		Clinton	16-01.50 5
5 #143 Binion, Jacob	12	Massena	15-07.00 4
6 #95 Bice, Kelvin III	9	Gouverneur	15-00.00 3
7 #186 Waite, Mason	9	Norwood-Norfolk	14-09.00 2
8 #99 Lucas, Maxwel	11	Gouverneur	14-07.00 1
9 #241 Gilbert, Jack	10	Potsdam	11-11.00
10 #203 Beaulieu, Patrick	9	Blue Devils	11-10.00
--- #209 Peabody, Gabe	10	Blue Devils	FOUL

Event 25 Girls Triple Jump

Section X: 39-04 R 1986 Leslie Revier

Name	Yr	School	Finals
1 #215 Betrus, Lindy	JR	Potsdam	33-00.00 10
2 #27 Shipman, Stella	11	Canton	31-05.50 8
3 #218 Clark, Meridyth	SO	Potsdam	26-11.75 6
4 #361 Ragland, Jayla		Clinton	25-11.50 5
5 #363 Barker, Scarlett		Clinton	25-10.00 4
6 #201 Wilson, Katharine	9	Blue Devils	25-00.00 3
7 #189 Curtis, Annabel	8	Blue Devils	24-10.50 2

Event 26 Boys Triple Jump

Section X: 46-06.50 R 1989 Lucas Kerley

Name	Yr	School	Finals
1 #142 Binion, Aaron	12	Massena	35-02.50 10
2 #257 Washburn, Austin	12	Potsdam	32-03.00 8
3 #389 Sanderson, Colin		Clinton	31-08.50 6
4 #252 Pace, Patrick	11	Potsdam	31-05.50 5
5 #390 Dawes, Rowen		Clinton	30-10.50 4
6 #153 Wilhelm, Zander	10	Massena	30-08.00 3
7 #210 Skelly, Jaxton	9	Blue Devils	28-02.00 2

Event 27 Girls Shot Put

Section X: 37-02 R 1983 Peggy Mariano

Name	Yr	School	Finals
1 #137 Oliver, Kristen	12	Massena	30-06.75 10
2 #200 Valcour, Luc	11	Blue Devils	29-04.75 8
3 #396 Giovazzino, Isabella		Moriah	29-00.50 6
4 #158 Charles, Sydney	10	Norwood-Norfolk	27-05.50 5
5 #163 Elliott, Madelyn	11	Norwood-Norfolk	25-10.50 4
6 #156 Burns, Kerisa	11	Norwood-Norfolk	24-10.50 3
7 #236 Williamson, Hailey	JR	Potsdam	24-08.00 2
8 #399 Madill, Alonna		Moriah	23-04.25 1
9 #11 Magurk, Grace	11	Canton	21-10.50
10 #17 Newman, Wyatt	12	Canton	21-01.00
11 #362 Ward, Rachel		Clinton	20-02.00
12 #365 Freund, Chloe		Clinton	17-10.50
13 #217 Cetinkaya, Elif	SO	Potsdam	15-02.00
14 #198 Pratt, Jenna	11	Blue Devils	14-05.00

Event 28 Boys Shot Put

Section X: 53-03 R 1998 Frank Grand

Name	Yr	School	Finals
1 #102 Siebels, Owen	11	Gouverneur	37-02.00 10
2 #393 Madill, Ethan		Moriah	37-00.00 8
3 #152 Robillard-Ramatici, Eth	11	Massena	35-03.00 6
4 #202 Baxter, Chandler	11	Blue Devils	34-09.00 5
5 #391 Chmieliewski, Ryan		Clinton	33-02.00 4
6 #297 Robillard, Luke	10	Tupper Lake	30-11.00 3
7 #177 Boprey, Dominic	11	Norwood-Norfolk	29-10.00 2
8 #298 Whitman, Owen	12	Tupper Lake	28-10.00 1
9 #392 Eschenbach, Jacob		Clinton	28-09.00
10 #41 Simons, Christian	12	Canton	28-02.00
11 #249 Morey, Xaiden	9	Potsdam	26-07.00
12 #100 Ritchie, Jackson	9	Gouverneur	25-09.00
13 #299 Richardson, James	9	Canton	24-01.00
14 #447 Dreier, Gideon		Clinton	23-11.00
15 #449 Squires, Ryan		Clinton	22-11.00
16 #185 Stewart, Caden		Norwood-Norfolk	22-00.00
16 #448 Freund, Logan		Clinton	22-00.00
18 #183 Garrow, Jaron	9	Norwood-Norfolk	19-08.00

Women - Team Rankings - 14 Events Scored

1) Potsdam	114
2) Canton	106
3) Norwood-Norfolk Central School	87
4) Clinton	76
5) Gouverneur Central School	65
6) Ogdensburg Free Academy	25
7) Tupper Lake	23
8) Moriah	20
9) Massena	13

Men - Team Rankings - 14 Events Scored

1) Clinton	124.5
2) Canton	96.5
3) Massena	95.5
4) Norwood-Norfolk Central School	67.5
5) Potsdam	65
6) Gouverneur Central School	22
7) Ogdensburg Free Academy	19
8) Moriah	9
9) Tupper Lake	5