

Pots, CF @ SR - 5/25/2021

NAC#4

Salmon River**Results****Girls 100 Meter Dash**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Pecora, Luca	12	Potsdam	13.50	14.03	
2 Batic, Juliana	11	Potsdam	14.70	15.04	
3 Brill, Adrienne	9	Salmon River	16.30	16.40	
4 Smithey, Lavinia	9	Salmon River	18.70	19.02	

Girls 200 Meter Dash

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Betrus, Lindy	9	Potsdam	29.30	28.90	2	
2 Grainger, Aliena	9	Potsdam	30.80	29.81	2	
3 Batic, Juliana	11	Potsdam	31.00	30.76	2	
4 Benzel, Karina	11	Clifton-Fine	30.90	31.36	2	
5 Nye, Alexandria	11	Salmon River	36.00	31.92	2	
6 Brill, Adrienne	9	Salmon River	36.60	35.51	1	
7 Smithey, Lavinia	9	Salmon River	44.40	41.87	1	
--- Plague, Lily	12	Potsdam	40.00	X33.68	1	
--- Collins, Julianna		Potsdam	39.00	X36.64	1	
--- Greer, Ella	11	Potsdam	40.00	X42.38	1	

Girls 400 Meter Dash

Name	Yr	School	Seed	Finals	Points
Finals					
1 Betrus, Lindy	9	Potsdam	1:05.20	1:06.27	
2 Grainger, Aliena	9	Potsdam	1:13.20	1:11.02	
3 Nye, Alexandria	11	Salmon River	1:28.00	1:14.93	
4 Lovely, Matty	11	Potsdam	1:14.70	1:15.22	

Girls 800 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 Vaccaro, Isabelle	11	Potsdam	2:50.20	2:47.04	
2 Plague, Lily	12	Potsdam	2:56.30	2:49.97	
3 Andreescu, Stephanie	9	Potsdam	2:58.90	3:00.45	
4 Oakes, Jasmine	9	Salmon River	3:09.10	3:27.61	
--- Hoover, Rose	10	Potsdam	3:00.90	X3:02.72	

Girls 1500 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 Shatraw, Isabella	10	Potsdam	5:17.60	5:26.38	
2 Hoover, Rose	10	Potsdam	6:07.00	6:14.24	
3 Oakes, Jasmine	9	Salmon River	6:22.60	6:49.08	

Girls 3000 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 Oakes, Krissy	10	Salmon River		12:22.89	
2 Hughes, Abigail	12	Potsdam	13:15.70	13:38.18	

Pots, CF @ SR - 5/25/2021

NAC#4

Salmon River**Results****Girls 100 Meter Hurdles**

Name	Yr	School	Seed	Finals	Points
Finals					
1	Huntley, Olivia	12	Potsdam	19.60	20.31
2	Hoover, Rose	10	Potsdam	22.30	22.62

Girls 400 Meter Hurdles

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1	Pecora, Luca	12	Potsdam	1:14.20	1:14.26	2
2	Huntley, Olivia	12	Potsdam	1:23.20	1:20.08	2
3	Brosell, Emma	10	Potsdam	1:24.70	1:20.76	1
4	Benzel, Karina	11	Clifton-Fine	1:20.50	1:21.58	2
---	Shatraw, Isabella	10	Potsdam	1:25.00	X1:14.32	1
---	Hughes, Abigail	12	Potsdam	1:25.00	X1:31.03	1

Girls 4x100 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1	Potsdam 1) Batich, Juliana 11	A 2) Brosell, Emma 10	58.71 4) Pecora, Luca 12	
		3) Towne, Keely 12		

Girls 4x400 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1	Potsdam 1) Betrus, Lindy 9	A 2) Brosell, Emma 10	4:46.74 4) Shatraw, Isabella 10	
---	Potsdam 1) Andreescu, Stephanie 9	B 2) Lovely, Matty 11	X5:42.30 4) Towne, Keely 12	
		3) Grainger, Aliena 9		
		3) Plague, Lily 12		

Girls 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1	Potsdam 1) Hughes, Abigail 12	A 2) Lovely, Matty 11	11:55.79 4) Vaccaro, Isabelle 11	
2	Salmon River 1) Wells, Emily 11	A 2) Oakes, Jasmine 9	13:38.50 4) Oakes, Krissy 10	
		3) Shatraw, Isabella 10		
		3) Nye, Alexandria 11		

Girls High Jump

Name	Yr	School	Seed	Finals	Points
Finals					
1	Andreescu, Stephanie	9	Potsdam	4-00.00	4-00.00
---	Huntley, Olivia	12	Potsdam	4-00.00	NH
---	Towne, Keely	12	Potsdam	4-02.00	NH
---	Collins, Julianna		Potsdam		XNH

Girls Long Jump

Name	Yr	School	Seed	Finals	Points
Finals					
1	Towne, Keely	12	Potsdam	12-05.00	12-06.00
2	Batich, Juliana	11	Potsdam	10-11.00	12-02.00
3	Healy, Emily	12	Salmon River	9-07.00	9-04.50

Pots, CF @ SR - 5/25/2021

NAC#4

Salmon River**Results****Finals ... (Girls Long Jump)**

Name	Yr	School	Seed	Finals	Points
4 Brill, Adrienne	9	Salmon River	9-00.00	8-11.00	
--- Plague, Lily	12	Potsdam		X11-03.50	

Girls Triple Jump

Name	Yr	School	Seed	Finals	Points
Finals					
1 Pecora, Luca	12	Potsdam	31-01.50	33-09.50	
2 Betrus, Lindy	9	Potsdam	30-00.00	31-00.00	
3 Brosell, Emma	10	Potsdam	30-05.00	29-05.00	

Girls Shot Put

Name	Yr	School	Seed	Finals	Points
Finals					
1 Healy, Emily	12	Salmon River	23-08.75	22-06.50	
2 Vaccaro, Isabelle	11	Potsdam	20-09.00	20-10.50	
3 Collins, Julianna		Potsdam	18-05.00	18-09.25	
4 Greer, Ella	11	Potsdam	18-00.00	16-03.25	
5 Smithey, Lavinia	9	Salmon River	13-04.00	14-00.25	
--- Huntley, Olivia	12	Potsdam		X19-02.50	

Girls Discus Throw

Name	Yr	School	Seed	Finals	Points
Finals					
1 Healy, Emily	12	Salmon River	62-03	58-04	
2 Lovely, Matty	11	Potsdam	58-11	48-02	
3 Hoover, Rose	10	Potsdam	50-11.50	47-10	
4 Greer, Ella	11	Potsdam	45-06.50	46-11	
5 Smithey, Lavinia	9	Salmon River	38-04	38-07	
6 Wells, Emily	11	Salmon River		34-01	
--- Andreescu, Stephanie	9	Potsdam	44-01	X46-01	
--- Vaccaro, Isabelle	11	Potsdam		X40-05	
--- Collins, Julianna		Potsdam	33-00	X35-09	

Boys 100 Meter Dash

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Besio, Harlee	10	Potsdam	12.10	12.38	2	
2 Saiff, Cade	11	Potsdam	12.20	12.98	2	
3 Benedict, Wyatt	10	Salmon River	13.10	13.24	2	
4 Crocker, Dan	9	Potsdam	12.90	13.43	2	
5 Riedel, Joe	10	Clifton-Fine	15.10	14.85	1	
--- Nelson, Kayden	10	Potsdam	12.90	X13.12	1	
--- Singh, Kieran	11	Potsdam		X14.22	1	
--- Lin, Josh	11	Potsdam	14.00	X15.08	1	

Boys 200 Meter Dash

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Besio, Harlee	10	Potsdam	25.40	24.98	2	
2 Rousell, Noah	11	Potsdam	26.00	25.63	2	

Pots, CF @ SR - 5/25/2021

NAC#4

Salmon River**Results****Finals ... (Boys 200 Meter Dash)**

Name	Yr	School	Seed	Finals	H#	Points
3 Saiff, Cade	11	Potsdam	26.20	26.07	2	
4 Benedict, Wyatt	10	Salmon River	27.50	27.57	2	
5 Riedel, Joe	10	Clifton-Fine	33.60	32.07	1	
--- Crocker, Skye	12	Potsdam	26.00	X24.78	1	
--- Nelson, Kayden	10	Potsdam	29.00	X27.94	1	
--- Singh, Kieran	11	Potsdam		X29.10	1	

Boys 400 Meter Dash

Name	Yr	School	Seed	Finals	Points
Finals					
1 Benzel, Aidan	12	Clifton-Fine	54.90	52.99	
2 Crocker, Skye	12	Potsdam	56.60	53.15	
3 Rousell, Noah	11	Potsdam	57.70	1:00.14	
4 Saiff, Cade	11	Potsdam	1:00.00	1:03.93	
5 Leroux, Ty	9	Salmon River	1:01.90	1:08.94	

Boys 800 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 Lazore, Cayde	10	Salmon River	2:22.50	2:19.11	
2 Crocker, Dan	9	Potsdam	2:17.50	2:21.47	
3 Mitchell, Gunner	8	Salmon River	2:18.40	2:22.03	
4 Melman, Yacob	11	Potsdam	2:25.00	2:28.08	

Boys 1600 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 Crocker, Skye	12	Potsdam	4:38.00	4:55.88	
2 Dean, Finnegan	10	Potsdam	4:56.00	4:56.01	
3 Lazore, Cayde	10	Salmon River	5:07.40	5:01.91	
4 Mitchell, Gunner	8	Salmon River	5:26.50	5:07.59	
5 Collins, Xavier	12	Salmon River	5:12.60	5:13.83	
6 Melman, Yacob	11	Potsdam	5:32.00	6:07.18	

Boys 3200 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 Dean, Finnegan	10	Potsdam	11:03.00	11:12.61	
2 St. Andrews, Chris	10	Potsdam	13:00.00	12:11.10	
3 Hoover, Evan	12	Potsdam	12:30.00	12:41.42	

Boys 110 Meter Hurdles

Name	Yr	School	Seed	Finals	Points
Finals					
1 Hughes, Theo	9	Potsdam	22.50	21.09	
2 Bullwinkel, Simon	11	Potsdam	22.20	24.11	
3 DiMarco, Alden	11	Potsdam	22.90	25.90	

Pots, CF @ SR - 5/25/2021

NAC#4

Salmon River**Results****Boys 400 Meter Hurdles**

	Name	Yr	School	Seed	Finals	Points
Finals						
1	St. Andrews, Chris	10	Potsdam	1:09.00	1:07.97	
2	Hoover, Evan	12	Potsdam	1:11.00	1:15.25	
3	Dean, Finnegan	10	Potsdam	1:11.00	1:16.36	

Boys 4x100 Meter Relay

	Team	Relay	Seed	Finals	Points
Finals					
---	Potsdam	A		DQ	
	1) Cardona, Landon 10	2) Herrick, Ansen 11	3) Jukic, Drago 11	4) Rousell, Noah 11	
---	Potsdam	B		X54.70	
	1) Saiff, Cade 11	2) Morrill, Derek 11	3) Singh, Kieran 11	4) Lin, Josh 11	

Boys 4x400 Meter Relay

	Team	Relay	Seed	Finals	Points
Finals					
1	Potsdam	A		3:56.43	
	1) Crocker, Dan 9	2) Plague, Ethan 12	3) Rousell, Noah 11	4) Crocker, Skye 12	
2	Potsdam	B		4:33.30	
	1) Singh, Kieran 11	2) Cardona, Landon 10	3) Melman, Yacob 11	4) Morrill, Derek 11	

Boys 4x800 Meter Relay

	Team	Relay	Seed	Finals	Points
Finals					
1	Potsdam	A		12:30.44	
	1) Crocker, Dan 9	2) Crocker, Skye 12	3) Dean, Finnegan 10	4) Hoover, Evan 12	

Boys High Jump

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Bullwinkel, Simon	11	Potsdam	5-06.00	5-04.00	
2	Plague, Ethan	12	Potsdam	5-02.00	5-02.00	
3	Jukic, Drago	11	Potsdam	4-09.00	5-00.00	
4	Haggett, Collin	11	Potsdam	4-09.00	4-09.00	
5	DiMarco, Alden	11	Potsdam	4-06.00	4-06.00	

Boys Long Jump

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Herrick, Ansen	11	Potsdam	18-04.00	19-10.25	
2	Benzel, Aidan	12	Clifton-Fine	18-02.00	17-09.00	
3	Plague, Ethan	12	Potsdam	16-02.00	17-08.75	
4	Collins, Xavier	12	Salmon River	17-10.50	17-07.00	
5	Haggett, Collin	11	Potsdam	14-06.00	14-08.50	
---	Hughes, Theo	9	Potsdam	13-06.00	X16-10.00	
---	DiMarco, Alden	11	Potsdam	12-00.00	X16-06.50	

Pots, CF @ SR - 5/25/2021**NAC#4****Salmon River****Results****Boys Triple Jump**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Plague, Ethan	12	Potsdam	34-10.00	34-07.00	
2 Hagggett, Collin	11	Potsdam	31-00.00	33-04.00	
3 Hoover, Evan	12	Potsdam	29-06.00	29-03.00	
4 Leroux, Ty	9	Salmon River	30-11.75	28-07.50	
--- Nelson, Kayden	10	Potsdam	29-00.00	X29-07.00	

Boys Shot Put

Name	Yr	School	Seed	Finals	Points
Finals					
1 Herrick, Ansen	11	Potsdam	33-01.00	33-02.00	
2 Besio, Harlee	10	Potsdam	30-06.00	30-11.00	
3 Hughes, Theo	9	Potsdam	30-00.00	29-04.75	
4 Smithey, Brayden	12	Salmon River	18-05.50	19-06.00	
--- Cardona, Landon	10	Potsdam	24-00.00	X22-06.75	
--- Morrill, Derek	11	Potsdam		X21-04.00	

Boys Discus Throw

Name	Yr	School	Seed	Finals	Points
Finals					
1 Besio, Harlee	10	Potsdam	85-00	91-11	
2 Hughes, Theo	9	Potsdam	75-00	91-00	
3 Hagggett, Collin	11	Potsdam	73-00	72-04	
4 Benedict, Wyatt	10	Salmon River		70-09	
5 Smithey, Brayden	12	Salmon River	43-09	44-00	
6 Leroux, Ty	9	Salmon River	30-00	40-04	
--- Jukic, Drago	11	Potsdam	70-00	X69-11	
--- Herrick, Ansen	11	Potsdam	60-00	X67-07	
--- Morrill, Derek	11	Potsdam		X66-03	
--- DiMarco, Alden	11	Potsdam	70-00	X61-10	
--- Lin, Josh	11	Potsdam	60-00	X60-11	